

RUGBY ALBERTA REP TEAM STAFF & TENTATIVE SCHEDULE

Team Alberta MEN	Team Alberta WOMEN
<p>Team Alberta U16 Head Coach: Dan Meikle Assistant Coach: Cam Wilton Manager: Rob Andrews</p> <p>Team Alberta U18 Head Coach: Phil Cronje Assistant Coach: TBD Manager: Jim Brophy</p>	<p>Team Alberta U19 Head Coach: Simon Chi Assistant Coach & U17 Liaison: Liam Hutchinson Team Manager: Sylvia Farrant</p> <p>Team Alberta U23 Head Coach: Matt Parrish Assistant Coach: JJ Ondrus Team Therapist: Kerri Crozier Manager: TBD</p> <p>Team Alberta Senior Women Head Coach: Ricky Coombe</p>

If you have any questions in regard to the above coaches please feel free to contact Mike Shelley @ rugbydev@telus.net

DATE	DESCRIPTION	LOCATION	TIME
April 23 & 24	Strathcona Druids HS Tourn.	Strathcona Druids	TBC
April 30 & May 1	CCIAC Ice Breaker Tourn.	CCIAC (Calgary Irish)	TBC
May 2	RA U16 ID Camp #1	Strathcona Druids	1.30PM- 5.30PM
May 2	RA U18 ID Camp #1	Strathcona Druids	1.30PM- 5.30PM
May 2	RA U19 ID Camp #1	Strathcona Druids	1.30PM- 5.30PM
May 7 & 8	Vulcan HS Tournament	Vulcan	TBC
May 9th	MOTHERS DAY	MOTHERS DAY	MOTHERS DAY
May 14 & 15	Winston Churchill Tourn.	Lethbridge	TBC
May 16	RA U16 ID Camp #2	Lethbridge Rugby Club	9.30AM - 1.30PM
May 16	RA U19 ID Camp#2	Vulcan	1.30PM- 5.30PM
May 16	RA U18 ID Camp #2	Lethbridge Rugby Club	1.30PM- 5.30PM
May 22—24	VICTORIA DAY	VICTORIA HOLIDAY	VICTORIA HOLIDAY
May 29	RA U16 ID Camp #3	Calgary Rugby Union	9.00AM- 12.00PM
May 29	RA U18 ID Camp #3	Calgary Rugby Union	9.00AM- 12.00PM
May 29	RA U19 ID Camp #3	Calgary Irish	9.00AM- 12.00PM
June 11 & 12	HIGH SCHOOL PROVINCIAL	Lethbridge	TBA
June 14	START OF HS EXAMS	HS EXAMS	HS EXAMS
June 20	FATHERS DAY	FATHERS DAY	FATHERS DAY
June 27	Skills Camp and Trial Game	Red Deer Titans	10.30AM-4.30PM
(60 INVITED PLAYERS)	RUGBY ALBERTA TEAM CAMP		
June 30—July 4	30 - 40 PLAYER SQUAD CAMP U16 , U18 & U19	Olds College	Olds

INSURANCE & REGISTRATION

Breakdown Minor Junior Senior

Accident/Catastrophe	\$ 1.00	\$ 16.94	\$ 16.94
Abuse	\$ -	\$ 4.99	\$ 4.99
Liability Insurance	\$ 1.00	\$ 18.43	\$ 18.43
RC Administration	\$ 0.54	\$ 3.71	\$ 3.71
RC National Team Programs	\$ -	\$ 4.10	\$ 4.10
Directors & Officers	\$ -	\$ 0.68	\$ 0.68
Property	\$ -	\$ 0.35	\$ 0.35
Broker Fee	\$ -	\$ 3.15	\$ 3.15
Finance Charges	\$ -	\$ 2.34	\$ 2.34
Taxes	\$ -	\$ 1.93	\$ 1.93
Corner Insurance Premium	\$ 4.00	\$ 4.00	\$ 4.00
TOTAL INSURANCE:	\$ 6.54	\$ 60.62	\$ 60.62

Additional Medical Coverage	\$ 4.00	\$ 8.00	\$ 8.00
RC Registration	\$ 12.50	\$ 15.75	\$ 26.58
Women's World Cup Support	\$ 0.96	\$ 6.63	\$ 7.80
RC TOTAL FEES:	\$ 24.00	\$ 91.00	\$103.00

Rugby Alberta Dues	\$ -	\$ -	\$ 30.00
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TOTAL:	\$ 24.00	\$ 91.00	\$133.00
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Notes:

2 Week Visitation	\$ 35.00	\$ 35.00	\$ 35.00
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Minor includes both non contact & contact

Senior includes Coaches, Referees & Exec.

RUGBY ALBERTA HIGH PERFORMANCE ACADEMY

A sunny day in March saw the second session for the recently formed Rugby Alberta Academy. The Academy identifies talented players throughout the province and aims to provide them with the necessary information and skills to enable them to continue to develop as athletes and rugby players. There are 70 boys and girls currently in the program, 30 of whom made the trip during Spring Break to Hunting Hills High School in Red Deer for a skills session with myself and Johnathan Long, Rugby Alberta's youth development manager in the south and current Head Coach of Canada's senior women.

For the first time we were able to take advantage of the weather to train outside with a morning session consisting of simple ball handling drills focussing on grip and short passing. These skills were then monitored in small game type situations. All the athletes played together in a non contact environment where the skills and balance of some of the younger players asked some serious questions of the older players.

During lunch, videos of the most successful team in the world in 2009, South Africa's Springboks, were shown. The Springboks play a very simple brand of rugby but they play it very well. The idea was to show the players that there is no reason they cannot play like the best team in the world. Basics done well.

The afternoon saw more ball handling skill and introduced off loads-possibly the best way to score tries against flat line defences.

I was very impressed with both the talent and commitment of all the young players and I believe, although in its infancy, that the Academy will start to bear fruit for rugby in Alberta both very soon and for many years to come.

DATES TO REMEMBER

April 24—Jasper 7's

May 2—Board of Directors Meeting

May 7 & 8—Vulcan Star Trek Classic

May 8th—Cold Lake Penguins 20th Anniversary

May 2 Rugby Alberta Rep Team Tryouts begin (schedule on page 3)

May 22, 23—Rugbyfest—Edmonton

June 5—19—Churchill Cup—Denver, Colorado

June 11 & 12—ASAA High School Championships—Lethbridge

July 1—4 National Women's League Finals, Ontario

July 7—11th—Druids 50th Anniversary Celebrations

July 10—Stampede 7's

July 24—Leduc's 30th Anniversary

July 19—25—Alberta Summer Games - Peace River

August 11—17th—Rugby Canada Age Grade Festival, Calgary Rugby Park

Press Release from Sport Alberta



Tuesday April 6, 2010

Sport Alberta announced today that it will hold a special **Provincial Forum on Sport on Friday April 30th in Red Deer**. This forum is the second phase of its **New Way Forward for Sport** in Alberta consultation process with the Sport Matters Group, a national advocacy group for sport. The Sport Matters Group has been facilitating a dialogue throughout the province since January, 2010 with sport organizations and leaders across the sport sector. The Provincial Sport Forum will feature discussions and dialogue with sport leaders across the spectrum in Alberta and will lead to specific recommendations for the sport community, the Alberta Government and sport organizations in Alberta.

Dale Henwood Chairperson for Sport Alberta commented, "today in Calgary, the Province of Alberta lauded the efforts of our outstanding Olympic and Paralympic athletes and officials. Remarkable was the disproportionate number of athletes that were born, live or train in Alberta on a full time basis. Our goals as Sport Alberta are to look forward and find ways to sustain and improve on this success and improve the environment for sport in Alberta".

What is not known is whether this is the last time such a celebration will be held. Within the past 30 days Alberta sport organizations received letters from the government outlining a cut in funding of 18.5%. The question being asked by many sport leaders in Alberta is how then will Alberta nurture the next generation of medalists not to mention those simply wanting to improve their health when Alberta is regressing in its attention to funding for sport and sports values and benefits?

"We are very concerned about the lack of commitment to sport by the Alberta government", says Henwood. "There is no policy for sport in Alberta and there has not been a comprehensive plan or meaningful engagement of the sport community for the development of a clear direction since 2000.

Facing this reality, Sport Alberta is strongly encouraging Albertans to help chart a new way forward for sport and it is our sincere desire to do so with the Government as a key partner. "We are encouraging all stakeholders in sport, whether they be at a provincial, regional or community level, to take part in this provincial sport forum on April 30th in Red Deer, says Henwood. "We already know of Alberta based athletes phenomenal successes but what may not be as well known is that Alberta will be the only province or territory to cut funding to sport in this fiscal year. We should be a leader in sport but instead we are out of synch with what others are doing."

There is an opportunity for the Alberta government to reconsider their partnership with the sport community. Albertans want excellence and there is acceptance from the public that investment in sport is a legitimate way to spend public dollars.

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For more information.....

David Legg, Sport Alberta Board member

403.440.6495



County Central High School

Box 390, Vulcan, Alberta T0L 2B0

Phone: (403) 485-2223 Fax: (403) 485-2959



16th Annual Vulcan StarTrek Classic High School Rugby Tournament

The County Central High School Boys and Girls Rugby Club would like to invite your team to the 16th Annual Rugby Tournament

Tournament Details

Date: May 7/8, 2010- Friday and Saturday. Start time Friday is noon.

Place: County Central High Sportsfield and Champion Junior High School. Champion is 15 km south of Vulcan. The CCHS Sportsfield is located on the southeast corner of town.

Teams: maximum 8 boys teams and 8 girls teams. Teams will be confirmed as they are entered. **First 8 to reply and have tournament fees sent. Teams are confirmed upon receipt of fees. All teams must be school teams. No club teams are allowed. IRB Rules for U-19 will be in effect.**

Format- Eight teams divided into two pools of four with a round robin in each pool. Two games will be played Friday and two games to be played on Saturday. The round robin results will place you in one of four Division Finals. There will be a trophy for each of the division winners

Games: all games will be 20 min halves in duration with a 3 min half time. Position for playoffs will be decided by win-loss records. A two team tie after round robin will be decided by the game between the two teams. A three team tie will be decided by penalty kicks.

Entry Fee: \$200.00 per team to cover awards. Cheques to be made out to CCHS Sports Council

Concessions: A concession will be available at both fields. Champion will be a pop and chips format while the one in Vulcan will offer hot items as well.

Dance: On the Friday following the games there will be a dance at the Vulcan CRC. The cost per team will be \$100.00 or you can pay as individuals: \$7.00. If paying as a team you must arrive as a team. A chaperone from each school must be present during the dance. Doors close at 9:00pm. If a person leaves after that time they are not allowed back in.

Accommodations: Some teams may desire accommodations instead of driving both days. Accommodations are at a premium in Vulcan as our motels service crews. Reservations will be hard to come by so book early.

Vulcan Country Inn Phone:485-2281 Vulcan,AB

2. Wheatland Motel Phone 485-2211 Vulcan, AB

Nanton Motels – 25 min. away

High River Motels- 40 min away.

10. **School Accommodations-** over the years many schools have stayed at the school in the classrooms. This will be the case again this year. If you wish to save money please feel free to request a classroom to stay in. Just bring sleeping gear

11. Tournament Organizer

Angie Seaman, Athletic Director, CCHS, angie.seaman@pallisersd.ab.ca, 403-485-2223- school 403-485-2959- fax

LEP/TIGERS CELEBRATE



There is something special happening in Edmonton in April 16 18, 2010. The Leprechaun Tiger Rugby Football Club is celebrating 100 years of Rugby. Many of the founders such as Tigers - Norm Suvan, Bob Gibbons, Jim McLaughlin, Larry Rousel and Leprechauns – Cliff Chapman, Chris Braiden, Dave Graham and many others will be in attendance.

There is a full weekend planned starting with a reception at Pat Devaney's Rose and Crown pub on Friday evening and a monster banquet at the classy Royal Glenora Club on Saturday evening. [Boy we have sure come a long way from the Corunna].

But we need your help; could you mention this event in your newsletter & on your web site as there are many former players with whom we have lost touch. If any ask you please have them email one of the five people listed below and we will forward more details.

The clubs have a proud history including 11 men's provincial championships, 6 provincial women's championships, a former Canadian President Ivor Thomas, Several Provincial Presidents including Norm Suvan, Don Whidden and Peter Harcourt, Many ERU Presidents and over 25 Canadian men's and women's caps.

It will be a great weekend, the beer will flow and it is only too bad that the little Leprechaun Jimmy Gordon left us last year. There will be a special commemorative jersey celebrating 100 years of rugby on sale so email for more information.

Please contact

Brian.Game@epsb.ca – Richard Kalmakoff atcoboy@shaw.ca

Bob Gibbons pickledpair@shaw.ca – Andy MacKechnie l.g@shaw.ca

Coyotes howl in Las Vegas

Cochrane's young rugby stars got a taste of international play earlier this month as the Cochrane Coyotes travelled south to compete in the Las Vegas International tournament.

The rugby competition and festival, held Feb. 8 to 14, brought teams from around the world to compete in rugby levels from junior to national level, including women's and rugby 7s, with over 30,000 participants and spectators.

MacKenzie Tivendale, Ian Tivendale, Rhys Davies, Alex Brennan and Ashley Brennan all competed for the Coyotes in the junior competition, going 2-1 against some of the top American junior teams.

The accomplishment was all the more impressive considering they had only put together their team that week, with players from across southern Alberta and British Columbia, along with one American, making up their squad.

"We really didn't have much of an idea who we were up against, we didn't even really know who our team was at the start of the week," said Davies.

After a first day forfeit, which led to a friendly team building game of touch rugby, the Coyotes played two games on the second day of competition, winning over David County 35-0, then losing 28-12 to United, the number-2-ranked team in the U.S. Their final game saw them win 12-0 over Snow Canyon.

The actual wins and losses weren't as important, they say, as it was to see what this level of play was like.

"I don't think we had very many expectations for how their skill was going to be. I think some of us had an idea that they weren't going to be as strong," said MacKenzie Tivendale.

Because of the American preference for football, some of the players expected to face a more smash-mouth style of rugby, but they were surprised by just how tricky the American teams were.

"United really surprised us with a lot of open field play," said Davies.

The biggest value came in getting to play against some varied competition and get out of their usual habits on the field, and they came away impressed by the competition.